

Clark County Public Library

370 South Burns Avenue
Winchester KY 40391
www.clarkbooks.org
859-744-5661

Clark County Public Library November 2021

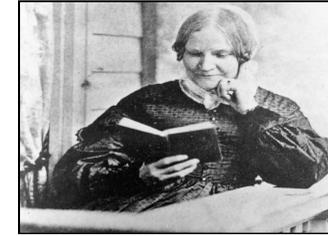
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**KY Career Center and
Kentucky River Foothills
Reps will Visit the Library
in November to Offer
Employment, Medicaid,
KYnect & KCHIP
Information.
Details in the calendar.**

November Author: Lydia Maria Child, “Over the River and Through the Woods”

Everyone knows the Thanksgiving standard “Over the River and Through the Woods.” “Over the river and through the woods to grandfather’s house we go...”



What people don’t know is the author, Lydia Maria Child (1802-1880), was a staunch abolitionist and advocate for the rights of women and Native Americans.

In the early 19th century she was one of the most popular writers in America. Then:

“In 1833...she published “An Appeal in behalf of that Class of Americans called Africans,” and she was at once regarded as a fanatic, and lost most of her popularity. Mrs. Child devoted herself to three lines of reformatory work, that of aiding women in their efforts for educational and professional advancement being the first. She was the first American woman to secure for herself a prominent and national recognition as an author. Her series

called “The Ladies’ Family Library,” including a “History of the Condition of Women,” expressed this phase of her work.

The devotion of Mrs. Child to the cause of human freedom was unflinching and heroic. “It is no exaggeration to say,” wrote Whittier in the biographical sketch he prepared to accompany a volume of her letters, “that no man or woman at that period rendered more substantial service to the cause of freedom, or made such a renunciation in doing it.” She sacrificed much for this cause, of personal friendships, of literary success, and of financial reward. After the “Appeal” she wrote an “Anti-Slavery Catechism,” 1836; “The Evils of Slavery,” and the “Curse of Slavery,” 1836; “Philothea: a Romance,” 1836; “Authentic Narratives of American Slavery,” 1838; “Correspondence with Governor Wise,” 1860; “The Patriarchal Institution,” 1860; “The Freedman’s Book,” 1865; “A Romance of the Republic,” 1867, as well as other works.” www.walden.org

Over the river, and through the wood—
When Grandmother sees us come,
She will say, “O, dear, the children are here,
bring a pie for everyone.”

Maria meant *everyone*.

November Recipe Hildegard von Bingen’s Cookies of Joy

Hildegard von Bingen was a 12th-century nun, mystic, prophet, and healer. She led an abbey, communed with God, advised royalty, and chastised emperors. She also made cookies.

Cookies of Joy, Hildegard believed, alleviate black bile, what she considered to be the source of evil and melancholy. Her cures for this darkness were spelt and spices such as nutmeg, cinnamon, and clove. Spelt, in Hildegard’s words, is a “hot, rich, and powerful” grain that “creates a happy mind and puts joy in the human disposition.” Spices such as nutmeg would have a similar effect, opening up the heart, freeing the mind and senses, and establishing an overall joyful disposition.

From Hildegard’s Physica: “Take some nutmeg and an equal weight of cinnamon and a bit of cloves, and pulverize them. Then make small cakes with this and flour and water. Eat them often. It will calm all bitterness of the heart and mind, open your heart and impaired senses, and make your mind cheerful. It purifies your senses and diminishes all harmful humors in you. It gives good liquid to your blood and makes you strong.”

Ingredients

- 12 tablespoons butter
- 3/4 cup brown sugar
- 1/3 cup raw honey
- 4 egg yolks
- 2 1/2 cups spelt flour (you can usually find it in the baking aisle or the gluten-free aisle)
- 1 teaspoon salt
- 1 tablespoon nutmeg
- 1 tablespoon cinnamon
- 1 teaspoon cloves

Instructions

Melt the butter, then add it to a medium bowl with the sugar, honey, and egg yolks. Beat gently, then fold in the rest of the ingredients. Refrigerate the dough for an hour.

Flour a surface and then roll out the cookie dough until about a 1/4 inch thick. Cut the dough into small circles using a cookie cutter or an upturned glass.

Line a baking sheet with parchment paper, then bake at 375 degrees Fahrenheit for 10 minutes, or until a golden-brown. Let cool, then enjoy.

Gastro Obscura, “Eat Like a Medieval Saint,” www.atlasobscura.com/articles/medieval-cookie-recipe



Illustration from visionary text. Hildegard receiving a vision and dictating to her scribe.

Slowly, and safely, the Library begins the process of reopening meeting rooms for programming. There will be two live Library programs offered in November: **Pageturner's Book Group** and **Adult Make and Take Fall Craft**. See details below.

At this time meeting rooms are not open for meetings by groups outside the Library. When they open to the public, there will be announcements in this newsletter, the Library column in the **Winchester Sun**, and on the Library's Facebook page. Thanks for your cooperation.

Pageturner's Book Group Lady Clementine, by Marie Benedict Monday, November 15, 2021

From Marie Benedict, the New York Times best-selling author of *The Only Woman in the Room*! An incredible novel that focuses on one of the people who had the most influence during World War I and World War II: Clementine Churchill.

In 1909, Clementine steps off a train with her new husband, Winston. An angry woman emerges from the crowd to attack, shoving him in the direction of an oncoming train. Just before he stumbles, Clementine grabs him by his suit jacket. This will not be the last time Clementine Churchill will save her husband.

Lady Clementine is the ferocious story of the ambitious woman beside Winston Churchill, the story of a partner who did not flinch through the sweeping darkness of war, and who would not surrender either to expectations or to enemies.

Books are available at the circulation desk. You'll be signed up when a copy is checked out to you.

Let's Create Art Exhibit in The Reference Section During November

Over the last year, Reference Librarian Angela Turner has presented 60 "Let's Create" videos on the Library's Facebook page, www.facebook.com/clarkbooks. She demonstrated how to make decorations, paintings, luminaria, pins, paper flowers and many more fun crafts.

During November a number of the items she made will be on display in the Reference Reading Area. There will be paintings made with acrylic paints and fabric softener. Paintings made with sponges and cotton balls. Vases and lights made with candy corn. All of them easy crafts created to add joy and color to your home and life.

After enjoying Angela's crafts, sign up for her **Adult Make and Take Fall Craft** presentation at the Library on Saturday, November 16. You must make



Sponge Painting

a reservation to attend. Call 859-744-5661.

Adult Make and Take Fall Craft Saturday, November 20th 2 pm Please Register by November 16th. Call 859-744-5661 to reserve your spot

Reference Librarian Angela Turner will offer a short, craft class limited to twelve people. The craft will be similar to the one's she demonstrates on her popular Facebook videos, **Let's Create: Arts and Crafts for Adults**. (Posted every Tuesday, 3:30 PM Archived on the Library's Facebook page.)

If you'd like to join in the fun on October 15, call the Library, 859-744-5661, and ask for Angela.

Write Local and Meeting of Minds Zoom



The Library's writing workshop, **Write Local** meets on Zoom every other Friday from 10-11:30 AM. In November Write Local will meet Friday, November 6, and Friday, November 20. Participants read 3-5 pages of works in progress and discussion follows. All genres and styles welcome. We enjoy talking about writing and sharing ideas.

The Library's discussion group, **Meeting of Minds**, will meet Tuesday, November 30 on Zoom. Conversations at Meeting of Minds range over a number of topics. We usually do not start with a set topic. Someone starts an idea rolling and we follow it. Interesting conversation among friends and neighbors. We converse; we don't argue.

For a Zoom invitation, contact Adult Services Librarian, John Maruskin, 859-744-5661, ext. 110; john.clarkbooks@gmail.com.

Linger in the Library Lobby. Two Tip-Top November Exhibits

During November take a little time to peruse the lobby display cases.

The Grateful Plateful

The display case on the left (as you enter) will contain a toy tableau called **The Grateful Plateful**. It's a Puppentottir diner devoted to the idea *everyone*-including poultry-deserves a joyous and scrumptious Thanksgiving. The exhibit was created by Library Director, Julie Maruskin. Kids, of all ages will love this display. A bright beginning to the Holiday Season.

To go along with the Harvest Home theme, on the right hand side of the lobby will be a display of canning jars that belong to Circulation librarian Mary Patterson and her mother.



They are antique and collectible canning jars. Some date back to the early 1900's, some are unique jars that were manufactured in Germany. Many were originally collected by Mary's Grandmother.

Canning is still an important yearly ritual for many CCPL patrons who get their garden seeds from the Seed Library. If you're a gardener, a fan of antique glass, or interested in antique farm implements, be sure to stop in the lobby and take a look at this display.

Mary will provide information cards about the jars.

Kentucky Career Center Representative, Destiny Hall, will be at the Library Wednesday, Nov 17 from 9:30 AM-Noon

The Kentucky Business Center provides information for job seekers, employers who are looking for workers and for citizens who are thinking about starting a business. Come talk to KCC Representative, Destiny Hall, about your business concerns. For more information, contact her: 606-831-2065 or Destiny.F.Hall@equusworks.com

Kentucky River Foothills Representative, CaraGrace Cain, will be at the Library, Monday, Nov 22, 9:30-11:30 AM

Ms. Cain will be providing information about enrolling for KYnect Medicaid insurance during the November-January enrollment program. She will be able to explain Qualified Health Plans available in 2022 through KYnect Marketplace.

Daily Facebook Classes and Posts www.facebook.com/clarkbooks

Log in to the Library's Facebook Page to Enjoy these posts.

Muse Monday

Posted every Monday morning. Start the week off with a poem.

Let's Create. Arts and Crafts for Adults.

Posted every Tuesday at 3:30 PM. Archived on library's Facebook page

Tune Tuesday

Posted every Tuesday morning.

Listen to a wide variety of music: classical, jazz, rock, pop, and experimental.

Wednesday Signing Time

Sign Language Tutorial Posted every Wednesday at 3:30 PM. Every session is archived on the library's Facebook page.

Wrap Your Mind Around This Wednesday

Posted every Wednesday morning. Intriguing theories and ideas.

In the Kitchen with Angela

Cooking Tutorial Posted every Thursday at 3:30 PM. Every session is archived on the library's Facebook page.

Friday Puzzle Fun

Three different digital jigsaw puzzles posted every Friday at 3:30 PM