

Clark County Public Library

370 South Burns Avenue  
Winchester KY 40391  
859-744-5661

# Clark County Public Library January 2018 [www.clarkbooks.org](http://www.clarkbooks.org)



"May all your troubles  
last as long as your  
New Year's resolutions!"  
-Joey Adams



In January  
it's so nice  
while slipping  
on the sliding ice  
to sip hot chicken soup  
with rice.  
Sipping once  
sipping twice  
sipping chicken soup  
with rice.



## Recipe of the Month: Chicken Soup with Rice

Yield: Makes 6 to 8 servings (2 quarts); Active Time: 30 min; Total Time: 1 3/4 hr

### Ingredients

- 1 (2-lb) rotisserie chicken
- 3 celery ribs
- 1 medium onion, quartered and left unpeeled
- 6 fresh parsley sprigs plus 2 tablespoons chopped fresh parsley
- 2 fresh thyme sprigs
- 1 Turkish or 1/2 California bay leaf
- 10 cups reduced-sodium chicken broth (80 fl oz)
- 2 medium carrots, cut into 1/4-inch-thick slices
- 1/2 cup long-grain rice, rinsed



### Preparation

Remove meat from chicken, reserving skin and bones.

Coarsely chop 1 celery rib and put in a 6- to 8-quart pot along with chicken bones and skin, onion, parsley sprigs, thyme sprigs, bay leaf, and chicken broth. Simmer, partially covered, 1 hour.

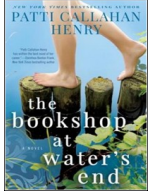
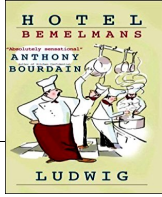
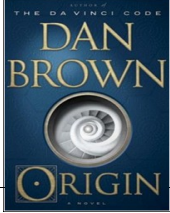

While broth is simmering, shred about half of chicken meat into 1-inch-long pieces (about 1/4 inch thick) to yield 1 1/2 cups meat, reserving remaining meat for another use. Cut remaining 2 celery ribs into 1/4-inch dice.

Pour chicken broth through a fine-mesh sieve into a large bowl, pressing hard on solids with back of a ladle and then discarding them. Skim fat from surface of broth.

Return strained broth to pot, then add carrots, diced celery, and rice and simmer, partially covered, stirring occasionally, until vegetables are tender and rice is very soft, about 30 minutes. Stir in shredded chicken and chopped parsley.

[www.epicurious.com/recipes/food/views/chicken-soup-with-rice-232605](http://www.epicurious.com/recipes/food/views/chicken-soup-with-rice-232605)

# January 2018 Adult Events & Classes

Sun 1-5 PM	Mon 9 AM-8 PM	Tue 9 AM-8 PM	Wed 9 AM-8 PM	Thu 9 AM-8 PM	Fri 9 AM-5:30 PM	Sat 9 AM-8 PM
	1 <b>Closed for New Year Day</b>	2 Internet I 10 AM	3 <b>KY PICTURE SHOW 2 PM</b> Trivia Night at the Engine House Deli 7 PM	4	5 Write Local 10 AM	6
7 	8 Pageturner's Book Group 11 AM Chair Yoga 2 PM	9 Internet I 10 AM	10 <b>KY PICTURE SHOW 2 PM</b> Trivia Night at the Engine House Deli 7 PM	11 Gentle Flow Yoga 9:15 AM	12 Write Local 10 AM	13 Outside the Lines Adult Coloring 10 AM- 4 PM
14	15 <b>Closed in Honor of Dr. Martin Luther King, Jr. Day</b>	16	17 <b>KY PICTURE SHOW 2 PM</b> Trivia Night at the Engine House Deli 7 PM	18 Gentle Flow Yoga 9:15 AM Book Lunch Noon	19 Write Local 10 AM	20 
21 	22 All Over the Page Book Group 11 AM Chair Yoga 2 PM	23 Easy Email 10 AM	24 <b>KY PICTURE SHOW 2 PM</b> Trivia Night at the Engine House Deli 7 PM	25 Gentle Flow Yoga 9:15 AM	26 	27 Eating Poetry & Other Words 12-2 PM Outside the Lines Adult Coloring 10 AM- 4 PM
28	29 Chair Yoga 2 PM	30 Meeting of Minds 6:30 PM	31			